



**POLICE  
SCOTLAND**

Keeping people safe

**INTERVENTION AND  
PREVENTION  
WORKSHOPS AND INPUTS**

**Ayrshire  
College**





**PC Kimberley Bradford** has 13 years service in the police and has completed a number of different roles during her time within the police. Kimberley has served local communities in both Ayrshire and Glasgow as an operational police officer as well as serving the whole of Scotland whilst spending several years within Police Scotland Mounted Branch. She also has a background in Operations Planning and Training within the police.

Kimberley has been with Ayrshire College as our Campus Liaison Officer since May 2016 and will continue to be involved in student activities and events to promote partnership working and engage with students and staff on issues of concern to the college. Kimberley's role includes working closely with staff and students to intervene early and provide support, break down barriers and provide guidance, education and assistance on a range of issues.

**PC Kimberley Bradford**  
**Police Scotland Campus Liaison Officer (CLO)**

## WORKSHOPS

The workshops below will be delivered by the Police Scotland (CLO), Kimberley Bradford:

- ACT Awareness Workshop (Counter-Terrorism)
- Aggression, Conflict and De-escalation
- Alcohol and the Law
- Child Protection
- Drugs, Alcohol and the Law
- Domestic Abuse
- Domestic Abuse and Child Protection
- Hate Crime
- Knife Crime (No Knives Better Lives)
- New Driver Scheme
- NPS – New Psychoactive Substances (Legal Highs)
- Personal Safety
- Social Media and Cyberbullying (mandatory for Level 4 and below classes)
- The Role of the Police
- Third Party Reporting (Staff)
- Understanding Rape and Consent
- Youth Gambling

## TO BOOK A WORKSHOP

If you would like to request one of the listed workshops, please contact PC Kimberley Bradford via email with your request giving as much notice as possible to [kimberley.bradford@ayrshire.ac.uk](mailto:kimberley.bradford@ayrshire.ac.uk) Kimberley's working days at Ayrshire College are Monday to Friday 9am-5pm.

**When requesting a workshop can you ensure you provide:**

- Workshop requested
- Preferred date(s) and time(s)
- Curriculum area and level
- No. of students taking part
- Campus and classroom number

(SMARTBoard will be needed for all workshops)





## ACT AWARENESS (COUNTER-TERRORISM)

**Duration:** 2 hours with 15 - 30 participants per session

**Suitable for:** Staff/students

This session is designed to raise awareness and allow debate around the sensitive issue of extremism within communities. ACT is part of the government's long-term National Counter-Terrorism Strategy (CONTEST) and this is discussed along with current threat levels, identifying and responding to suspicious behaviour and outlines the ACT reporting website.

### Learning Outcomes

- Raise awareness of the current threat levels
- Develop understanding of the CONTEST strategy and its relevance to our communities
- Develop skills to recognise and respond to suspicious behaviour
- Increase the capacity of communities to engage with and resist violent extremists
- Develop understanding of how and when to report

## AGGRESSION, CONFLICT AND DE-ESCALATION

**Duration:** 1 hour

**Suitable for:** Students/staff

This workshop aims to give participants an increased awareness and understanding of Aggression and Conflict in its varying forms, how to recognise the warning signs and how to deal effectively with potential conflict and apply de-escalating techniques. It includes helpful tips on coping and managing self-anger and frustration and helps to understand the underlying causes as well as simple preventative and de-escalating techniques. The workshop is interactive and requires class movement and participation.

### Learning Outcomes

- Educate participants on recognising potential signs of conflict/aggression
- Raise participants awareness of their own indicators of aggression and coping strategies
- Educate participants on the use of tactical communication options to help them to prevent conflict before it arises
- Allow participants to practise de-escalation techniques in a controlled conflict scenario

## ALCOHOL AND THE LAW

**Duration:** 1 hour

**Suitable for:** Staff

This workshop aims to give participants a fuller understanding of the crimes and offences surrounding alcohol, the effects on our local community and the wider implications on society. It also covers date rape drugs and personal safety.

### Learning Outcomes

- Educate participants on the effects alcohol has on society
- Generate discussion surrounding alcohol as part of our culture
- Educate participants on date rape and staying safe when going out in social situations
- Provide participants with knowledge and understanding of the crimes, offences and consequences associated with alcohol-related offences

## CHILD PROTECTION

**Duration:** 30 - 45 mins

**Suitable for:** Students

This workshop aims to raise participant's awareness of children that may be at risk and how to recognise the signs of child abuse. Discussion surrounding sex offenders and measures to keep children safe is also included as well as real-life case studies.

### Learning Outcomes

- Participants will be able to define children at risk and recognise signs of abuse
- Awareness of legislation surrounding child protection (Children Scotland Act 2005)





## DRUGS, ALCOHOL AND THE LAW

Duration: 1 hour

Suitable for: Staff

We initially look at discussing and understanding “What is a drug?” and the most common drug offences. We also make a point of discussing with participants the understanding of NPS and the topic of drink and or drug driving before moving onto the dangers of alcohol and or drug consumption.

### Learning Outcomes

- Educate participants on different classification of drugs (Misuse of Drugs Act 1971)
- Educate participants in the laws applicable to consuming alcohol and drugs

## DOMESTIC ABUSE

Duration: 1 hour

Suitable for: Students

Attending this workshop will give participants a clear definition of domestic abuse and the opportunity to discuss different types of domestic abuse and barriers to why domestic abuse may go unreported. Students will look at case studies of incidents of domestic abuse. We will also provide information on partner agencies working with Police Scotland to tackle domestic abuse.

### Learning Outcomes

- Give participants a better understanding of Police Scotland’s response to domestic abuse
- By the end of the workshop participants will have relative information on what is domestic abuse and how to report a domestic incident



## DOMESTIC ABUSE AND CHILD PROTECTION

Duration: 1.5 hour

Suitable for: Students

This workshop combines both the previous workshops surrounding Domestic Abuse and Child Protection. It explores the effects abuse can have on a child.

### Learning Outcomes

- Give participants a better understanding of Police Scotland's response to domestic abuse
- Participants will be aware of what domestic abuse is and how to report it
- Awareness of legislation surrounding child protection (Children Scotland Act 2005)
- Participants will be able to define children at risk and recognise signs of abuse

## HATE CRIME

Duration: 30 mins - 1 hour

Suitable for: Students

Throughout this workshop, we aim to give participants a clear definition of hate crime and the social groups impacted by looking at case studies of incidents of hate crime. We will discuss "What is fear of crime?" and barriers to why hate crime may go unreported. We will also look at issues surrounding case studies and community impact.

### Learning Outcomes

- Give participants a clear definition of hate crime and the social groups impacted
- Provide participants with the knowledge that hate crime is wrong, against the law and that everyone has the right to live safely and without fear
- Knowledge on how to report a hate crime





## NO KNIVES - BETTER LIVES

Duration: 1 hour

Suitable for: Students

This workshop aims to give participants an increased awareness and understanding of violence and in particular knife crime in Scotland and to educate about the dangers and consequences of carrying a knife. We aim to encourage participants to consider the impact knife crime can have on a community and wider society.

### Learning Outcomes

- Challenge participants to make informed choices about how to deal with conflict situations and keep themselves and others safe
- Support young people to make positive, informed decisions and choices around the issues of violence

## NEW DRIVER SCHEME

Duration: 1 hour

Suitable for: New drivers/students learning/have an interest in learning to drive

This workshop is delivered as part of a newly developed national scheme which was initially launched in February 2017 throughout Ayrshire. Young and new drivers are more likely to be involved in serious road collisions and this scheme highlights the importance of road safety and individual responsibility at the wheel. The workshop features hard-hitting footage of a real-life local road traffic collision which will change the way students think about road safety.

### Learning Outcomes

- Encourage participants to think about road safety by highlighting the dangers of careless or dangerous driving
- Improve participants ability to recognise hazards and the consequences of ignoring them
- Initiate discussion surrounding careless and dangerous driving and consequences in terms of the effect it has on the driver themselves and other parties that may be involved

## PERSONAL SAFETY

Duration: 1 hour

Suitable for: Students

This workshop encourages general informal discussion and practical advice on how to keep safe whether out and about or at home.

### Learning Outcomes

- Provide participants with a better understanding of how to keep safe
- Raise awareness of the National Mobile Phone Register
- How to keep your mobile phone safe and report loss or theft
- Discuss ways of keeping safe when drinking alcohol
- Discuss drink spiking and revenge porn legislation

## SOCIAL MEDIA AND CYBERBULLYING\*

**Duration:** 1 hour

**Suitable for:** Students/staff

This workshop will provide an insight into crimes and offences associated with social media and the internet using real-life and local examples. The issue of cyberbullying and its effects will also be covered, along with providing up to date interesting facts and figures through an interactive quiz. Keeping yourself safe online and guidance on how to keep other friends and family members safe online is also included. Class participation will be required.

### Learning Outcomes

- Encourage participants to recognise that crime can be committed online through improper use of social media and the internet
- Participants will have a more in depth understanding of cyberbullying and its effects
- Practical guidance will be provided on how best to protect yourself and stay safe online
- How best to avoid some of the more common pitfalls of using social media and the Internet socially

*\*This is mandatory for some classes – in this case it will be delivered over an hour long slot*

## THE ROLE OF THE POLICE

**Duration:** 1 hour

**Suitable for:** Students | Where possible, students to prepare questions they wish CLO to answer.

Through informal discussion, we will look at different types of departments within Police Scotland and there will be opportunities for participants to ask questions raised in relation to the role of a Police Officer. If required, a further more in depth input is available on the specialist role of the Mounted Branch within Police Scotland, including a history of the department, its roles and functions and training and equine recruitment.

### Learning Outcomes

- Raise participants awareness of the different roles and responsibilities of frontline officers
- Educate participants on specialist departments within the police





## 3RD PARTY REPORTING

**Duration:** 1 - 2 hours

**Suitable for:** Frontline staff & students likely to gain employment in the Public Sector (HNC/HND Level)

Police Scotland and our partners are committed to working together with communities to encourage the reporting of hate crime incidents. This training has been developed to help all participating partners respond appropriately to hate incidents which are disclosed to them for the purpose of a third party report.

Hate crime is any criminal offence committed against an individual or property that is motivated by a person's hatred of someone because of his or her actual or perceived race, religion, transgender identity, sexual orientation or disability. Hate crime is wrong, it is against the law, and everyone has the right to live safely and without fear. No two individuals are ever the same - embrace individuality and help put an end to hate crime by reporting it.

In some cases, victims/witnesses of hate crime do not feel comfortable reporting the matter directly to the police and may be more comfortable reporting it to someone they are familiar with. To ensure all victims/witnesses are able to report hate crimes, Police Scotland works in partnership with a wide variety of partners who perform the role of 3rd Party Reporting Centre's from housing associations to victim support and voluntary groups.

Staff within 3rd Party Reporting Centre's are trained to assist a victim or witness in submitting a report to the police and can make such a report on the victim/witnesses behalf or anonymously. Ayrshire College is a recognised 3rd Party Reporting Centre.

Training will be provided to those whom students and staff feel comfortable speaking to and are most likely to receive reports of a crime. These include LDAs, potentially CLIC and class representatives or guidance staff.

### Learning Outcomes

- Difference between a hate crime and a hate incident
- Define what is 3rd party reporting
- Define the role of a 3rd Party Reporting Centre and what is expected of them?
- What should they expect from the police?
- Role of staff within a 3rd Party Reporting Centre
- Guidance for completing the hate crime form
- What happens when a form is submitted to the police?
- Guidance to support the victim and answer questions or concerns the victim may have of reporting the offence



## UNDERSTANDING RAPE AND CONSENT

**Duration:** 30 mins - 45 mins

**Suitable for:** Students/staff

This workshop defines the terms rape and consent in detail and promotes discussion surrounding these topics. It covers reporting to the police and a full explanation of the police processes throughout a sexual offence investigation as well as covering support and resources available to victims.

### Learning Outcomes

- Challenge participants to make informed choices about how to deal with conflict situations and keep themselves and others safe
- Support young people to make positive, informed decisions and choices around the issues of violence
- Participants will have access to further information regarding support and useful contacts

## YOUTH GAMBLING

**Duration:** 1 hour and 15 mins

**Suitable for:** Students

This workshop provides participants with key facts and information surrounding gambling and problem gambling. It covers risk factors, common fallacies, making choices and explores attitudes towards gambling through an interactive activity-based session.

Student participation will be required.

### Learning Outcomes

- Participants will become aware of self and peer options and attitudes towards gambling and problem gambling
- Participants will be able to identify the presence and availability of gambling opportunities and understand how adverts influence gambling perceptions
- Develop an understanding of probability and explore feelings around gambling wins and losses
- Gain awareness of keeping safe strategies and where to get support for problem gambling

## NPS – NEW PSYCHOACTIVE SUBSTANCES (FORMER ‘LEGAL HIGHS’)

**Duration:** 30 mins

**Suitable for:** Students/staff

Students will have an increased awareness of new psychoactive drugs, including risks, consequences and trends.

### Learning Outcomes

- Understand the types and trends surrounding NPS
- Have an increased awareness of the risks associated with NPS
- Discuss why people may choose to take NPS
- Be able to access further support





Given the close working relationship between students and staff, Police Scotland would encourage Ayrshire College Staff to book onto one of the training courses above.

To book please contact PC Kimberley Bradford on [kimberley.bradford@ayrshire.ac.uk](mailto:kimberley.bradford@ayrshire.ac.uk) or speak to Student Services.

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[www.ayrshire.ac.uk](http://www.ayrshire.ac.uk)



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